

## St Cuthbert's RC Primary School - Year 1 Home Learning

19.5.20

	Tuesday
Worship	<p>Pentecost is a special celebration of the gift of the Holy Spirit, through whom the risen life of Jesus is given.</p> <p><b>Easter Sunday</b> is the beginning of the <b>Easter Season</b> which lasts for 50 days. The celebration of the <b>Ascension</b> and <b>Pentecost</b> completes the Easter story.</p> <p><b>Ascension</b> Forty days after Easter, the Church celebrates the feast of the Ascension of the Lord. Jesus appeared to his disciples after the Resurrection and told them that he was going back to his Father in heaven. Before Jesus leaves them, he gives his followers a mission. Jesus tells his disciples to be his witnesses. They are to "Go out to the whole world and proclaim the Good News to everyone." (Mark 16:15, 16)</p> <p>The disciples cannot carry out their mission of spreading Jesus' message to the ends of the earth without help. Therefore, Jesus tells his disciples to stay in Jerusalem until they receive power from God. This power is God's Holy Spirit, who Jesus says will come after he goes away. After Jesus ascends into heaven, the disciples wait for the promised Holy Spirit.</p> <p>See the notes for parents to help you.</p> <p>Wk 3 Holy Spirit</p>
Word of the day	<p>Story</p> <p>Highlight the vowels a,e,i,o,u.</p> <p>Use google to find:</p> <p>-Dictionary definition and write it in your Home Learning book.</p>
English	<p>Veronica Verb</p> <p>Today we are finding out about verbs.</p> <p>Verbs are action words and they are used to describe what somebody or something is doing.</p> <p>Have a look <a href="#">here (Veronica Verb PP)</a> to see some examples.</p> <p>Next, take a look at these sentences and choose the correct verb to complete each sentence.</p>

**Tuesday Verb**

Fancy a challenge? Can you think of your own sentence containing a verb?  
Write it in your Home Learning book.

Phonics Lessons

[https://www.youtube.com/channel/UCo7fbLgY2oA\\_cFCIg9GdxtQ?fbclid=IwAR2K809zXyQ0wqXm\\_m-ZwFFAw8UJOYcOazpIrMzhNeMs5mlRm6HgGtT5Ozc](https://www.youtube.com/channel/UCo7fbLgY2oA_cFCIg9GdxtQ?fbclid=IwAR2K809zXyQ0wqXm_m-ZwFFAw8UJOYcOazpIrMzhNeMs5mlRm6HgGtT5Ozc)

Speed sounds set 1 9:30 am

Speed sounds set 2 10:00 am

Speed sounds set 3 10:30 am

Phonics play

Username: march20

Password: home

Monsterphonics.com

Username: login

Password: homelearning

Reading

Remember to read every day for at least 20 minutes.

Oxford Owl

Username: blue55

Password: blue

Maths

Heavy or Light

Using the sheet below, tick the object that is the heaviest in each of the boxes.

**Tuesday**

	<p>Parents: Use questions like how and why to get your child to justify their answer.</p> <p>Fancy a challenge? Create sentences to describe which object is lighter and which is heavier. E.g. The book is heavier than the feather.</p>
Creative	<p>Continents</p> <p>Look at the picture of the world, including its continents and oceans. Remember that there are seven continents, often comprised of lots of countries.</p> <p>Can you recreate the picture in your Home Learning book?</p> <p>Draw and label the continents.</p> <p><b>Creative map labelled</b></p>
Exercise	<p><u>Try it Tuesday</u></p> <p><u>Activity:</u> Play the Deck - Using a pack of cards can you assign an exercise to each suit e.g. Clubs are Star Jumps, Hearts are squats , Spades are sit ups and Diamonds are lunges. Place all cards face down and take turns to choose a card from the deck. Complete the number of each exercise for the suit e.g. 10 of diamonds would be 10 squats. If a King, Queen or Jack are chosen run on the sport for 30 seconds. <u>Challenge:</u> Can you change the exercise which relates to each suit and make it harder e.g. Hearts are burpees, Spades are jumping lunges and so on. For secondary students can you assign a cardio and a strength exercise to each suit and on an even number do a cardio exercise and on an odd number perform a strength exercise. <i>*We would love to see photos of you completing this challenge! Please send any photos to your class teacher using the email address at the top of this page*</i></p>
	<p>If you are unable to access online material, use example below for suggested 5 minute workout:</p> <p>40 seconds star jumps, 20 seconds rest 40 seconds spot sprint, 20 seconds rest 40 seconds squats, 20 seconds rest 40 seconds ladder climbs, 20 seconds rest 40 seconds plank, 20 seconds rest</p>
Online	<p>Your child has been given the logon information for the online learning resources listed below:</p>

	-Lexia/ IDL
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	-Spelling Shed
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	We ask that your child completes 60 minutes of each programme per week.
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